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# Scar Tissue

**what is scar tissue? (with pictures) - wisegeek** - scar tissue replaces normal skin tissue after the skin is damaged. though scar tissue is made up of the same substance as undamaged skin, it looks different because of the way the fibers in the tissue are arranged. **management of scar tissue - kinesio taping** - ow load-prolong duration stress on scar tissue, helps to soften and remodel scar tissue. soon as the development of hypertrophic scar is clinically evident, whorl like and nodular formations will change resulting in the ated paertrophy is rate the nat car taping: position the patient in maximal pply a base "i" tape with 25-50% stretch. **scar massage - osumc** - scar massage is done to prevent scar tissue build up and puckering. it can help your range of motion in that area. you should start scar massage only after all scabs have fallen off by themselves. massage will not help soften an old scar. do the massage as directed by your doctor, nurse, or therapist. 2 **gentle massage for scar tissue - tuality** - scar tissue is not a permanent fixture in the body. after scar tissue forms and healing has taken place, the scar needs to be remodeled so that it can tolerate the stress and forces that the body may encounter throughout each day. the remodeling process is essential to ensure that normal range of motion, strength, and mobility are restored to ... **is scar tissue affecting your performance?** - you could have scar tissue, also known as adhesions. when a muscle is damaged the body does not actually repair the injury with new muscle, but with scar tissue. adhesions, or internal scar tissue, are inflexible fibers that bind damaged soft tissue together. scar tissue/adhesions that form around an injury are not as strong as the tissue it ... **scars examination - veterans benefits administration** - 2. give measurement of length and width of each scar and calculate the area, for all but linear scars. roughly describe shape of scar, if it is nonlinear. 3. is the scar painful on examination? 4. is there skin breakdown? 5. is the scar superficial, meaning there is no underlying soft tissue damage? **the use of kinesiotape for the management of post-surgical ...** - the use of kinesiotape for the management of post-surgical scar tissue gaylene branstiter, m.ed., otr, cht. ktus-docol-4 - 08-sep-2010 st. thomas' hospital london, england. ktus-docol-4 - 08-sep-2010 introduction: the use of kinesiotape with post-surgical scar • management of scar tissue is an important part of post-surgical tx ... **differentiation between postoperative scar and recurrent ...** - and scar tissue is less than that demonstrated on mr. a of the levels studied, ovoid fat collections were demonstrated within scar tissue. recurrent disk herniation, on the other hand, was frequently smooth and globular in shape. in 1 0 of the 12 patients who had repeat surgery the scar assumed a band or strandlike form.

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